

The background features a light gray geometric pattern of overlapping triangles. In the foreground, there are two dark gray silhouettes of human heads in profile, facing each other. Between them are two overlapping speech bubbles, one slightly behind the other, both filled with a light green color.

Quick-start guide to experimental design

PSYC 11: Laboratory in Psychological Science

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What is the purpose of running an experiment?

Goals of experimentation

- Understand or explore how something works
- Distinguish between several potential alternatives
- Get more information (data!)

Two big design philosophies

Classic vs. Naturalistic

- **Classic (maximize control):** simplify the phenomenon, carefully manipulate specific factors across conditions, measure behavioral differences
- **Naturalistic (maximize realism):** create a rich, realistic scenario, measure as much as possible, mine the data for patterns
- Most studies fall somewhere on this spectrum -- where does yours?

The key ingredients

Core design elements

- **Independent variable (IV):** what you **manipulate** or compare across groups
- **Dependent variable (DV):** what you **measure**
- **Controls:** what you keep the **same** so you can isolate the effect of your IV
- **Participants:** who are you studying, and how many?

Discussion: what's your IV/DV?

Activity (10 minutes)

- In your project groups, identify:
 - What is your **IV**? (What are you manipulating or comparing?)
 - What is your **DV**? (What are you measuring?)
 - What needs to be **controlled**?
- If you are doing an observational study, what are your key **variables of interest**?
- Be ready to share with the class

Common pitfalls

Watch out for these

- **Confounds:** something other than your IV that differs between conditions
- **Demand characteristics:** participants guess what you expect and change their behavior
- **Too many variables at once:** keep it simple -- one clear comparison is better than five murky ones
- **Forgetting a baseline:** what does "normal" look like without your manipulation?

Implementation tools

Tools for building experiments

- **Low-tech:** notebooks, audiovisual recordings, Google Forms
- **Mid-tech:** slideshows, Qualtrics surveys
- **High-tech:** PsychoPy, jsPsych, Google Colaboratory
- Use what you already know -- simplicity is your friend

Practical advice

Keep these in mind

- Simplicity: the art of maximizing the amount of work **not** done
- Pilot test early -- run your study on a friend before collecting real data
- Work together and ask for help
- You have **3--4 weeks** -- scope accordingly!